

## **What Money and Other Resources Do You Have?**

Planning starts with knowing how much money you have.

### **1. Regular money income**

How much money do you have each month from each of these?

- \$\_\_\_\_\_ Wages and salaries
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- \$\_\_\_\_\_ Tips, commissions or overtime
- \$\_\_\_\_\_ Social Security and pensions
- \$\_\_\_\_\_ Child support and alimony
- \$\_\_\_\_\_ Unemployment compensation
- \$\_\_\_\_\_ TANF (Temporary Assistance to Needy Families)
- \$\_\_\_\_\_ SSI (Supplemental Security Income)
- \$\_\_\_\_\_ Veteran's benefits
- \$\_\_\_\_\_ Children's wages
- \$\_\_\_\_\_ Other: \_\_\_\_\_

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\$\_\_\_\_\_ **Total Monthly Income**

### **2. Resources other than money**

Certain programs help you and your family to get needed food and other services. Place a check (✓) by the programs you are using.

#### **Check ✓**

- \_\_\_\_\_ Medical Assistance/Medicaid
- \_\_\_\_\_ EIC (Earned Income Credit)
- \_\_\_\_\_ WIC coupons for food for women, infants and young children
- \_\_\_\_\_ Food Stamps
- \_\_\_\_\_ Free or reduced-price School Lunches or School Breakfasts
- \_\_\_\_\_ Meals at Head Start or Child Care Feeding Program at day care
- \_\_\_\_\_ SHARE Program
- \_\_\_\_\_ Commodity foods program
- \_\_\_\_\_ Food from a food pantry or free meal site
- \_\_\_\_\_ Food from a garden or friends or relatives who have extra
- \_\_\_\_\_ Free clothing, furniture, baby goods
- \_\_\_\_\_ Day care assistance
- \_\_\_\_\_ Energy assistance
- \_\_\_\_\_ Housing assistance
- \_\_\_\_\_ Other: \_\_\_\_\_