
Personal Perceptions

A. How do you see yourself in relation to money?

1. Are you:
 - a.) Impulsive
 - b.) Cautious
 - c.) Competitive
 - d.) Generous
 - e.) Show off
 - f.) A Miser
 - g.) A Worrier
2. Do you consider yourself:
 - a.) Well off
 - b.) Just making it
 - c.) Average

B. When growing up, what messages did your parents give you about money?

1. Was money discussed openly in your family?
2. Was it impolite to discuss money in your family?
3. Who handled the money in your family, Mom or Dad?
4. Did you have an allowance? If yes, did you earn your allowance by doing chores?
5. Did you have less money than your peers?
6. Did your family have enough money to buy everything you really wanted?
7. Did your family have enough money to buy everything you really needed?
8. If your parents said “no” to one of your desires was it because of money?
9. In your family, did you associate money with rewards?
10. In your family, did you associate money with arguments?

C. In your life today:

1. Do you discuss money openly?
2. Who handles the money in your family, you or your significant other?
3. Does your family have enough money to buy everything they really want, they really need?
4. In your family, do you associate money with rewards, with arguments?
5. What does money mean to you?