
Money Is Neutral

- This activity is designed to empower participants
- Materials: picture of a storm, \$20 bills (real or fake)

Activity 1: Energy is neutral

Display a picture of a storm.

Ask the group: *Who loves electrical storms (gets excited when there is one going on)? Who is glad when electrical storms are over? Who thinks they are interesting? Does the storm care how you feel about it – whether you like it, are afraid of it, or think it is interesting?* Wait for a response.

That's because an electrical storm is neutral. It will be the same storm; it will not change, because of your reaction to it. It is the same for money – it is neutral. Money doesn't care if we save it or spend it.

Activity 2: How do we activate the energy of money?

Toss some money (\$20.00 bills are the most effective) on the table or floor in front of you where participants can see it. Then ask: *What are you thinking or feeling about that money lying on the floor (table)?* (Wait for responses, if there is no response, ask again.) Repeat the responses that are voiced to emphasize them.

Then ask: *Do you think this \$20.00 bill cares how you think or feel about it laying there? This \$20.00 bill doesn't care if you spend it, save it or throw it on the floor (table). That is because it is a neutral energy. It is a neutral energy until we activate it. We activate the powerful energy of money by our thoughts, actions, and beliefs. For example we believe a twenty-dollar bill, a piece of paper and ink, has worth. If we all lost confidence in its value it would change its worth (power). Some people assign more power to the energy of money than others. It is another example of its neutrality and our influence on it. If we believe money has neutral energy until it is activated by something else, then we can decide to activate this power in our own financial lives. It is never about the money – it is always about you. **You decide how the power of money will be activated in your financial life!***

Leaving the money on the floor allows you to refer to it throughout the training (see next principle). You can check in with people to see if they are still aware of it being there. If you do this exercise before lunch, leave the money there until lunch. Then put it away. When people return from lunch, ask if anyone noticed the money was gone if it has not been already noted out loud by someone. This is another illustration showing that how we perceive the energy of money dictates the power it has in our lives.