

## **Determine Your Net Income Worksheet**

When the money or other resources come to you, fill in the source on the first column. These could include: wages (from one or more family members), tips or commissions, interest or dividends, Social Security, child support, Food Stamp amount, value of WIC amount (average \$40.00 per month), or other part-time jobs or services.

### **Our Family Income Chart**

1. Write down all income and how often you receive it.

Source of Income	Weekly	Bi-Weekly*	Twice a Month	Monthly
Total	(A)	(B)	(C)	(D)

2. Convert weekly and bi-weekly income to monthly amounts.

Per week total from above chart (A) \_\_\_\_\_ x 4.33 = (E) \_\_\_\_\_  
 Bi-weekly total from above chart (B) \_\_\_\_\_ x 2.17 = (F) \_\_\_\_\_  
 (\*Bi-weekly means 26 pay periods per year)  
 Twice a month total from above chart (C) \_\_\_\_\_ x 2.00 = (G) \_\_\_\_\_  
 Monthly total from chart (D) \_\_\_\_\_ x 1.00 = (H) \_\_\_\_\_

3. Add (E), (F), (G), and (H) TOTAL NET MONTHLY INCOME \_\_\_\_\_

4. Are the above amounts ☐ Gross or ☐ Take home

NOTE: If there is seasonal or irregular income, determine frequency and amount and calculate an average monthly income to be added to above (D).